

INDIAN INSTITUTE OF TECHNOLOGY MADRAS, CHENNAI-600036.

Advertisement No. IITM/R/1/2024 dated 10.02.2024

Syllabus & Scheme of Examination

Post: Physical Training Instructor

Syllabus

LEVEL-1 Computer-Based MCQ Test (100 Marks)

SECTION – A (30 marks)

General knowledge, Current Affairs, Logical Reasoning, English language- communication skills- comprehension, Sexual Harassment of Women at Workplace Act 2013.

SECTION – B (70 marks)

- Foundation and Methods in Physical Education
- Research Methods in Physical Education
- Sports Statistics and Use of Computers in Physical Education
- Scientific Principles of Sports Training
- Test, Measurement, and Evaluation In Physical Education
- Sports Psychology, Exercise Physiology
- Health Education and Sports Medicine
- Games and Sports Awards

LEVEL-2 – Physical Fitness and Sports Events (70 Marks)

Physical Fitness :

- Sprint and Running
- Long Jump
- Sit-Ups and Pull Up

Sports Events

Any two events, not more than ONE sport from the following category

- Track & Field event
- Indoor sports – Shuttle Badminton, Squash, Table Tennis, Swimming
- Outdoor sports – Cricket, Volley Ball, Basket Ball, Hockey, Foot Ball

LEVEL-3 – Skill Test (30 Marks)

- English language- communication skills-comprehension and report/letter writing skills.
- Computer Proficiency: MS Office and sending email with attachments.

Scheme of Examination :

Level	Type of Test	Time	No. of Questions – Max. Marks	Weightage for the final result
Level -1	Computer-Based MCQ Test	Time: 120 Minutes	100 Objective Questions – 100 Marks	40 %
Level – 2	Physical Fitness and Sports Events	Time : 120 Minutes	70 Marks	40%
Level – 3	Skill Test	Time : 30 Minutes	30 Marks	20%

- A minimum of 5X candidates shall be shortlisted (for X number of posts advertised) for the Level-2 Physical Fitness and Sports Events and Level-3 Skill Test, based on their performance in the Level-1 Computer-Based MCQ Test.

NOTE :

- a) The questions shall generally be on the minimum qualification (Graduation) Level
 - b) There shall be no negative marking for wrong answers
 - c) If required, any other major Indoor / Outdoor sports events (For Level-2 Sports Events) can be included under intimation to the candidates in the call letter.
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